

**SACRAMENT OF THE SICK**  
Saturday, March 30 and Sunday, April

**Comfort and Healing**

In Mark 6:12-13, St. Mark tells the apostles, to “anoint with oil many sick people and heal them. In James 5:14-15, St. James asks, “Is any one among you sick? Then call in the priest and the faith community and have them pray over those who are sick and anoint them with oil in the name of Christ. And this prayer of faith will save the frail and raise them up.”

**The Oil of the Sick** is blessed by the bishop at the cathedral on Holy Thursday morning. It is pure olive oil. The characteristic of olive oil is the healing and strengthening effect it possesses.

When we are apprehensive, God offers us this sacrament to quiet anxiety and dissipate fear.

We are blessed with the peace of mind and confidence in God this sacrament bestows.

Following the homily, all are invited to be prayed for individually by prayer teams. The presider offers anointing. This sacrament provides spiritual, psychological and emotional healing and health of mind and body.

The essence of the sacrament is in the anointing of the person on the forehead and hands as the following prayer is prayed: “Through this holy anointing may our loving God, who frees you from sin, save you and raise you up.” We respond, “Amen.”

Come celebrate this sign of God’s great merciful and healing love for us.



**Parish Contact Information:**  
3519 North 14th Street, Saint Louis, MO 63107-3734  
Ph: 314.241.9165  
Fax: 314.436.9291  
www.mhtstl.org

**Most Holy Trinity Catholic School and Academy (K-8):**  
1435 Mallinckrodt St. Louis, MO 63107  
Ph: 314.231.9014  
Mrs. Jessica Kilmade, Principal

**Food Pantry/Utility Assistance:**  
Provided by OLPH Food Pantry/ St. Vincent de Paul. Serves residents of zip 63107, 63115 and 63147.  
OPEN: Tuesday, Thursday, Saturday from 9am-noon, located on 4335 Warne Ave. 314.535.9794.  
Note: phone answered only during operating hours. For information on donating or volunteering, please go to www.helpstlouis.org.

**Parish Leadership/Staff:**  
F. Tim Cook  
Canonical Pastor  
  
F. Rich Creason  
Pastor Emeritus  
  
F. Marty Mannion  
Sacramental Minister  
  
S. Janice Munier, SSND  
Parish Life Coordinator  
sjanice@mhtstl.org

Mr. Paul Hasser  
Music Director  
hasserpj@gmail.com

S. Gail Guelker, SSND  
Mission Advancement  
gail@mhtstl.org

Mrs. Mary Busciglio  
Office Manager

# Most Holy Trinity Parish

mhtstl.org

MARCH 24, 2019

*If you only knew what God gives...*

*John 4:10*

*We invite God's love to flood into our one heart*



*we cry with, we love with, we forgive with one heart*

Christchurch, New Zealand, March 15, 2019

Reflection & Design: Joyelle Proot, SSND

**MISSION:**

We are a people graced by God, who come together as a community of faith, supporting each other as we live and celebrate the Good News of Jesus Christ.

**Parish Mass Schedule:** 4 PM Saturday Mass/Eucharistic Prayer Service in Rectory Chapel  
9:30 AM Sunday in Church | 9:15 AM Wednesday School Mass in Church

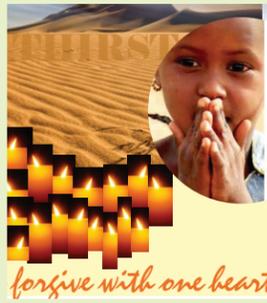
**If you only knew what God gives...**

– John 4:10

Water means life. Without it land hardens into a desert wilderness. Water cleanses and refreshes. Water is a mighty power in a flood. Today, Jesus listens and responds with infinite patience to the Samaritan woman and offers her “living water.” With joy she opens her heart to the flooding of God’s compassionate love and runs off to tell others the Good News of God’s endless love.

Jesus also sits down by the well and talks with us. He invites us to be one with his heart, in offering time and space to others through our caring and conversation. This Lent let us consider God’s way of humbly interacting with us. We pray for the strength to respond to others with a listening ear, gentle heart and loving patience. God does this for us always.

– S. Janice



**LITURGICAL ROLES:**

**Saturday, March 30, 4:00 pm**

Lector/Eucharistic Minister: Joyelle Proot, SSND

**Sunday, March 31, 9:30 am**

First Reading: Madonna Buhr

Second Reading: Elizabeth Hopson

Eucharistic Ministers

Kenneth Patterson Ann Russek

Sharon Lee Ryan Sharon Ann Ryan

Acolyte: Ank Ankenbrand

**PLEASE PRAY FOR HEALING FOR:** Helen Barber, Vickie Deason, Mary Green, Mary Lee Howard, Joetta Lukowski, Bob Powers, Diana Schmidt, Dorothy Schulte (Don McFarland’s mom), John Towles, Edward Jerome Lott, Jr. (Elizabeth Hopson’s son), Shelley Dressel (daughter of Vicki Deason) and Ed Deason (husband of Vicki Deason), the needs of the Tracy family, Betty Gludt (mother of Dawn Usanga), Denise Davis (sister of Sharon Young)

**MARCH CLUB TRINITY WINNER:** Father Thomas Dempsey. He generously returned his winnings to us.

**STATIONS OF THE CROSS,** Tuesday April 9, 7:00  
The Way of the Cross tells life’s journey of challenges and invitations to grow spiritually. In this prayer, we see Jesus finding strength in the midst of difficulties, disappointments, and failure. Jesus shows us how to love when doing so is difficult.

**COLLECTION 3/17/1209**

\$ 765.00 Parishioner Envelopes  
58.00 Cash Contributions  
**\$ 823.00 Total – Thank you!**

**MASS INTENTIONS**

**Sunday, March 31, 9:30 am**  
Joanne George

**Wednesday, April 3, 4:00 pm**  
Joanne George

**Saturday, April 6, 4:00 pm**  
Tillie Plouder



**Come & Enjoy Delicious Fish!**  
**March 8, 15, 22, 29, April 5, 12**  
**11:30 am - 6:30 pm**  
Dine in or carry out • \$5-\$9

Deliveries are available with lunch orders of ten or more. **Must preorder on Thursday 9:00am-4:00pm, 314.241.9165**

**JOE TRACY**  
will be honored **this afternoon** for his commitment, leadership and service to Most Holy Trinity at the Lwanga Center  
36th Testimonial Dinner & Auction  
(Renaissance St. Louis Airport Hotel)  
Auction opens 2:30 pm.  
Dinner program begins 4:00 pm.

**CONGRATULATIONS, JOE!**



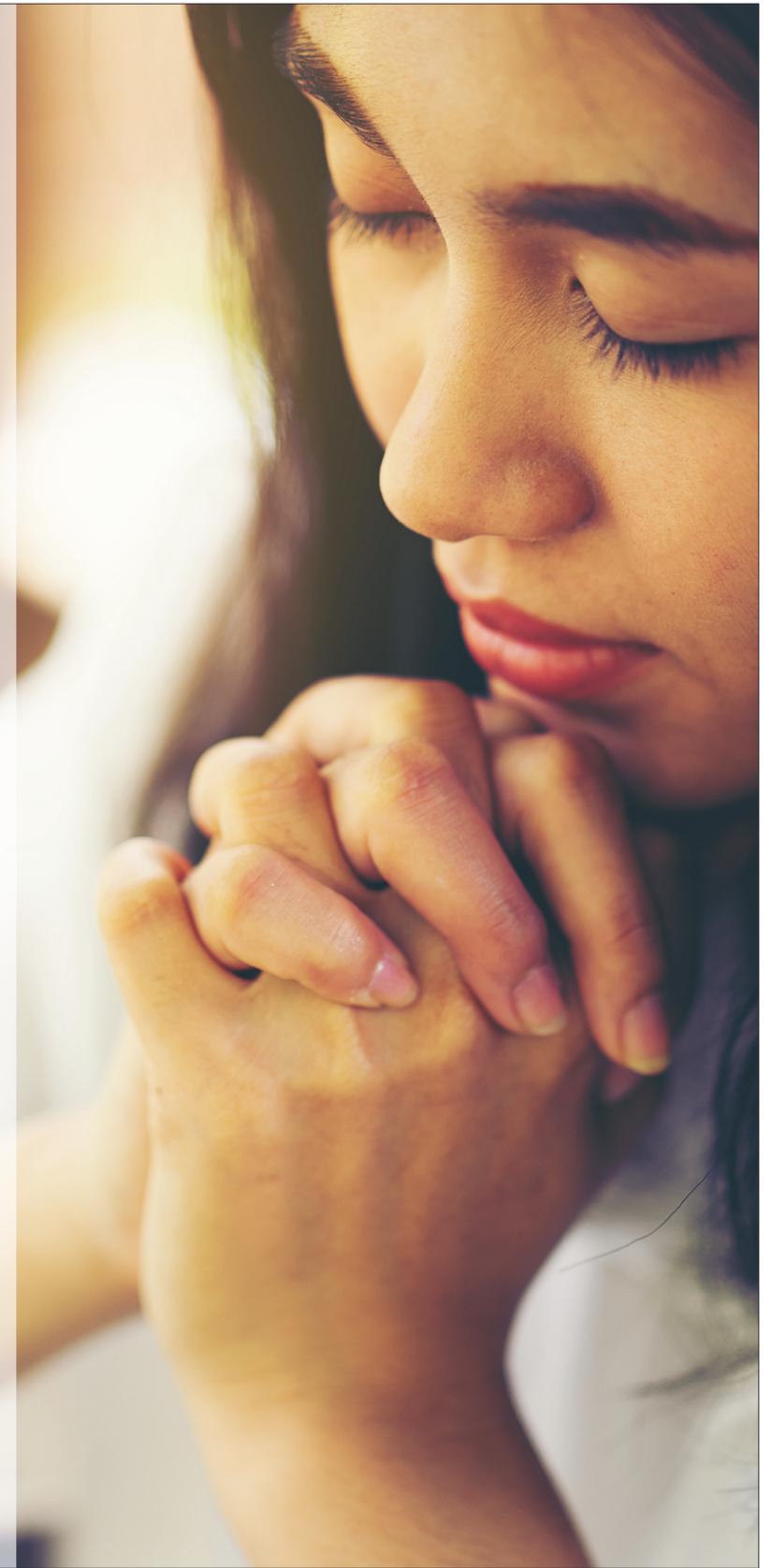
**PREPARATION FOR THE SACRAMENT OF RECONCILIATION**

**First Scrutiny.** Today we celebrate God’s mercy through the First Scrutiny (see the Blessings of Jesus insert). We reflect on our actions before Christ.

The sacrament of Reconciliation readies us for the celebration of Easter and Christ’s resurrection. Following the homily there is an opportunity for all to celebrate the sacrament of forgiveness. We are invited to celebrate God’s gift of mercy and compassion, free and abundant. The celebration of reconciliation is more than an individual celebration, it strengthens our entire parish community.

**A Simple Guide to the Celebration of the Sacrament of Reconciliation**

1. GREETING  
The priest greets us and we pray the Sign of the Cross. We trust God’s healing love.
2. CONFESS  
We name our sins. The priest listens.
3. PENANCE  
Penance is an act of kindness or prayers to pray.
4. CONTRITION  
The priest asks us to express our sorrow praying the following act of contrition or express contrition in our own words. Example of an Act of Contrition:  
*My God, I am sorry for my sin with all my heart. In choosing to do wrong and failing to do good, I have failed to love you. I firmly intend, with your help, to do penance, to sin no more, and to avoid evil.*
5. ABSOLUTION  
The priest says, “I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit.”  
We respond “Amen.”
6. GOING FORTH  
“Go in peace and joy.”



**We welcome all who are visiting today!**  
We invite you to join us every Saturday at 4pm & Sunday at 9:30am.